

WHAT IS HOSPICE?

Hospice care is comfort care. It is a philosophy of holistic treatment designed to provide comfort and support to patients and their families when a life-limiting illness no longer responds to cureoriented treatment, or when the person decides to stop pursuing active treatment for an otherwise terminal disease. Hospice is palliative care focused on alleviating pain, anxiety and discomfort. Hospice is covered by Medicare, Medicaid, the VA and commercial insurance.

The hope is that through this special care and support, patients and families attain a degree of mental and spiritual preparation for death that is satisfactory to them and on their terms.

Eligibility Requirements

- A physician must certify that the person has a life expectancy of six months or less. A patient can remain in hospice care beyond six months if a physician re-certifies the condition as terminal.
- The patient or representative makes a conscious choice to receive hospice services.
- The illness must progress over time.

Call Caregiver Support Network to schedule a free assessment. Our caring nurses will spend the time necessary to answer your health care questions and help you determine the best course of care. There is never any obligation, so call today!

Call Today for a Free Assessment



Caregiver Support Network provides benefits, services, and employment to all persons without regard to race, gender, sexual orientation, color, national origin, handicap, religion, or age.

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THE HOSPICE BENEFIT

- Hospice is provided in the patient's residence, wherever that may be private home, assisted living or skilled nursing facility.
- Care is provided through a *team approach* including physicians, nurses, aides, medical social workers, and spiritual support in conjunction with the patient and family.
- The hospice benefit covers *medications* related to the terminal diagnosis and *customary medical equipment* such as hospital beds, incontinency supplies, etc.
- *Respite Care* is included in the program to give the family a break from the caregiving role when needed. The patient spends this time in a skilled care facility approved by both the agency and the family.
- *Continuous Care* (up to 8 hours of nursingrelated care in the home) and *General Inpatient Care* (a short stay in a facility providing 24-hour nursing) are provided if needed to best manage symptoms.
- Room and board expenses are *not covered* under hospice except during *Respite Care* and *General Inpatient Care*.
- *Bereavement* support is provided to the family for 12 months.
- *Volunteers* provide practical support services to patients and families such as companionship and respite.
- A patient can choose to *revoke* or *discontinue* hospice and pursue active treatment *at any time*.

When is the right time to choose Hospice?

The time to discontinue curative treatment and begin hospice is a difficult and personal choice, one that is often postponed. This may be due in part to a misunderstanding of the hospice benefit. Hospice is a flexible program that can be discontinued at any time to suit the patient's needs and desires. The patient is encouraged to live a full life and be as active as possible. Do not resuscitate (DNR) orders are not required — the patient has the right to choose.

Many families report they wish their loved ones had chosen hospice earlier. Studies show that this choice makes the experience easier on both patients and families. It means choosing the highest quality of life possible in the time remaining for the patient and family.

Advantages of Choosing Hospice Earlier

- Increases comfort by allowing the patient to take advantage of pain and symptom management.
- Makes a critical difference in how patients and families come to terms with dying and prepare for loss.
- Allows the family to focus on quality time with the patient while the hospice team helps with routine tasks of daily care.
- Gives patients and families more time to become comfortable with the hospice team so a strong rapport is established when more intimate and intensive care is needed.

CAREGIVER SUPPORT NETWORK FOUNDATION

Caregiver Support Network Foundation is a 501(c)3 non-profit dedicated to assisting Utah seniors and their caregivers in need. For more information, call 801-510-9908. Tax deductible donations are gratefully accepted.





"... When we started on the hospice journey, we thought we would be learning how to deal with our mother's death. What we experienced was learning to embrace this part of her life. For us, hospice was about life not death. We are grateful to have shared this journey with you."

Choose the Best when it matters Most